

File Created by [Blogging Rebirth](#) WP Plugin

14 Weeks Pregnancy

Wishing u all the best nic , I know how u must of been feeling to reach the 12 week Mark as I've had 10 miscarriages now but it's lovely to see someone so very very happy and upbeat , really really hope all goes well for u both , keep us updated x x x x well done to you both xxxx. Read more on [14 Weeks Pregnancy](#)

Wishing u all the best nic , I know how u must of been feeling to reach the 12 week Mark as I've had 10 miscarriages now but it's lovely to see someone so very very happy and upbeat , really really hope all goes well for u both , keep us updated x x x x well done to you both xxxx. Read more on [14 Weeks Pregnancy](#)

I haven't gained a single pound yet but the shape of my belly has changed so much already. I feel like I look huge.

I am 5'2" and 120lbs

I was like that with my first and i ended up with a huge belly at the end.. people though i was having twins.. and im 18 [Weeks](#) pregnant.. and getting huge . the good thing is that i havent gained more than the needed weight. but the ultrasound lady told me my daughter was over the regular weight and size..

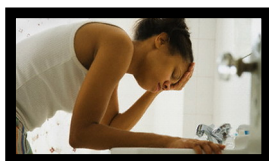
I look through photo galleries of other belly pictures that other women have posted at 14 [Weeks](#) and I look bigger than all of them. I have had an ultrasound and its not twins and this is my first baby. Has anyone else experienced this. Did you end up being gigantic by the end of your pregnancy.

Wishing u all the best nic , I know how u must of been feeling to reach the 12 week Mark as I've had 10 miscarriages now but it's lovely to see someone so very very happy and upbeat , really really hope all goes well for u both , keep us updated x x x x well done to you both xxxx. Read more on [14 Weeks Pregnancy](#)

Also at this point the umbilical cord is completely formed and ready to serve its purpose. The umbilical cords consist of three tangled blood veins which are covered by a layer of fats. These blood veins are responsible for performing different functions such as the largest vein is responsible for providing the fetus with its required nourishment and oxygen.

The second trimester of [Pregnancy](#) is the best period in all since the [Pregnancy](#) symptoms of the first trimester are over now and also the weight of the baby is not much at this point so a more sound sleep can be achieved and moving around is quite easier at this stage as compared to later on. Your energy level is also known to be at the highest at this stage which should be wisely used in form of light energetic activities such as swimming, light aerobics and walking. Some women however may at this point too continuously suffer from some early [Pregnancy](#) symptoms such as nausea, if you still feel sick like in the first trimester you should consult your doctor or midwife.

The other two are responsible for transferring the waste from the fetus and the carbon dioxide to the placenta which is further on processed as waste in the mother's body. Also the placenta is responsible for transferring antibodies to the fetus which helps it in fighting against the infections that may be developed by the fetus from the mother.

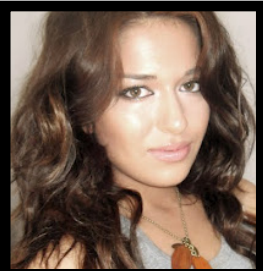


Pet owners should avoid changing their kittens litter box while pregnant if possible. It is possible to contract the disease Toxoplasmosis through the litter box. This infection can also pose a significant risk to your unborn baby.

Your Body's Development By 14 [Weeks](#) pregnant you'll finally start looking a little bit pregnant. You may also notice other unwelcome pregnancy symptoms however including constipation. Remember to drink plenty of water and eat foods that contain lots of fiber to help keep your bowels moving while pregnant. Pregnancy not only slows

your digestion but prenatal vitamins contain iron which can contribute to constipation. Iron is vital however to your nutritional needs during pregnancy and can help prevent anemia in pregnancy.

If you don't have someone readily available that can change your kitty's litter be sure you wear a mask and protective gloves when performing this task and wash your hands thoroughly after to help prevent transmission. Fortunately if you have had your cat for some time you have likely already been exposed to the disease, thus it is not nearly as potentially hazardous as if you have never been exposed and built up immunities.



I've heard really good things about the Neal's Yard cream - my friend used it - and although her tummy got huge - she had NO stretchmarks. I wish I had listened to her...I slathered on Bio-Oil twice a day (despite hating the smell)...but 3 [Weeks](#) before my delivery, purplish stretchmarks showed up on my side :- (Being pregnant with twins - I don't know if stretchmarks were inevitable or not...still, after a year they faded to silvery marks which you can only really see up close. Still - if I were to do it again - I'd use Neal's Yard for sure...and you can't go wrong by trying a bit of everything - as you're doing ;-).

hooray I have been taking the Pregnacare vitabiotics supplement since I found out I was pregnant for those who are wondering. It contains all the essential vitamins and folic acid. I sometimes take their omega 3 tablets too. Currently my eating is still a bit crap, but it's improving. I have been put off every single strong smell with the most disgusting scent being fish *bleuuuurghhh* I go for anything plain and just a whole bunch of fruit. Fruit is the best. I have been rubbing all sorts on my belly ranging from 'Body Shop' body butters, Neal's Yard 'Mothers Balm', Cocoa Butter 'Miracle oil' as well as 'Bio oil' all to keep my tender bits moisturised and supple in a bid to avoid stretch marks, so far so good but it's still very early days.

Wishing u all the best nic , I know how u must of been feeling to reach the 12 week Mark as I've had 10 miscarriages now but it's lovely to see someone so very very happy and upbeat , really really hope all goes well for u both , keep us updated x x x x x well done to you both xxxx. Read more on [14 Weeks Pregnancy](#)

You can also find this article published on [14 Weeks Pregnancy](#), and on the tag pages [blood](#), [having twins](#), [huge belly](#), [miscarriages](#), [ultrasound](#), [umbilical cords](#), [weeks pregnancy](#), [weight](#), [Wishing](#), [xxxx](#).